

Student Nutrition



Carrollton · Farmers Branch

Independent School District

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To Parent/Guardian of CFBISD student(s):

If your child has a life-threatening food allergy or a disability requiring a diet modification, you must have a physician complete the *Physician's Diet Modification Form* and return it to your school nurse. This form is located on our website at www.cfbisdnutrition.com.

Once a life-threatening food allergy or a disability requiring a diet modification is established and the completed *Physician's Diet Modification* form is on file, the student's account will have an alert posted in the cafeteria point of sale system.

If your child has an allergy that is not life threatening, a food intolerance, or a preference, please either visit our website at www.cfbisdnutrition.com or check out our printed menus. Food allergen and nutrition information is posted to help you assist with your child's menu selections. The Student Nutrition Department makes every effort to provide up-to-date accurate information; however, we cannot be responsible for ensuring that a child's menu selections are free from allergens. Occasionally, manufacturers will make substitutions for ingredients which may alter this information.

If you have any questions, please contact the Personnel Coordinator at 972-968-6388.

Sincerely,

Student Nutrition Department

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

np 2013-14

1505 Randolph St
Carrollton, TX 75006
Office: 972.968.6384
Fax: 972.968.6392



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Al padre/tutor de estudiante(s) de CFBISD:

Si su hijo/a sufre de una alergia seria que pudiera ser mortal, o de una discapacidad que requiera una modificación a su dieta, usted deberá presentar a la enfermera escolar el formulario apropiado (*Physician's Diet Modification Form*) completado y firmado por un médico. Podrá encontrar este formulario en www.cfbisdnutrition.com.

Una vez que se haya establecido la existencia de una alergia mortal o de una discapacidad, y que se tenga el debido formulario de modificación a la dieta (*Physician's Diet Modification form*) en el archivo escolar del estudiante, habrá un mensaje de Alerta al lado de su nombre en el sistema de comedor de su escuela.

Si su hijo/a sufre de una alergia no mortal, de intolerancia a una comida, o si tiene alguna preferencia en comida, favor de visitar nuestro sitio en www.cfbisdnutrition.com o consulte nuestros menús impresos. Les ofrecemos información sobre alérgenos y nutrición para ayudarles a usted y a su estudiante a seleccionar la comida diaria adecuada juntos. El Departamento de Nutrición Estudiantil se esfuerza por mantener esta información actualizada, pero no está en nuestro poder vigilar que las selecciones de comida de un estudiante estén libres de alérgenos. Ocasionalmente los fabricantes hacen sustituciones en sus ingredientes, lo cual pudiera alterar la información que ofrecemos.

Si tiene usted alguna pregunta, favor de comunicarse con la directora auxiliar al 972-968-6388.

Atentamente

Departamento de Nutrición Estudiantil

Declaración de No-Discriminación: Esto explica qué hacer si usted cree que se la ha tratado injustamente. El Departamento de Agricultura de los Estados Unidos (por sus siglas en inglés "USDA") prohíbe la discriminación contra sus clientes, empleados y solicitantes de empleo por raza, color, origen nacional, edad, discapacidad, sexo, identidad de género, religión, represalias y, según corresponda, convicciones políticas, estado civil, estado familiar o paternal, orientación sexual, o si los ingresos de una persona provienen en su totalidad o en parte de un programa de asistencia pública, o información genética protegida de empleo o cualquier programa o actividad realizada o financiada por el Departamento. (No todos los criterios prohibidos se aplicarán a todos los programas y/o actividades laborales.) Si desea presentar una queja por discriminación del programa de Derechos Civiles, complete el [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html) (formulario de quejas por discriminación del programa del USDA), que puede encontrar en internet en http://www.ascr.usda.gov/complaint_filing_cust.html, o en cualquier oficina del USDA, o llame al (866) 632-9992 para solicitar el formulario. También puede escribir una carta con toda la información solicitada en el formulario. Envíenos su formulario de queja completo o carta por correo postal a U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, por fax al (202) 690-7442 o por correo electrónico a program_intake@usda.gov. Las personas sordas, con dificultades auditivas, o con discapacidad del habla pueden contactar al USDA por medio del Federal Relay Service (Servicio federal de transmisión) al (800) 877-8339 o (800) 845-6136 (en español). El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

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PHYSICIAN'S DIET MODIFICATION

Student Name Student ID # DOB
Campus Parent/Guardian Telephone

As parent or guardian, I give permission for CFBISD to contact the Physician's office regarding my child's dietary needs. (Parent Signature)

The U.S. Department of Agriculture School Meals Program requires that all questions be answered in order for any diet modification or substitution to be made in school meals. This form must be signed by a licensed physician.

Physician's Statement

I, (Physician) declare the child listed above to possess either a LIFE THREATENING FOOD ALLERGY or a DISABILITY:

LIFE THREATENING FOOD ALLERGY - Omit these foods (circle): fluid milk peanuts tree nuts eggs fish shellfish wheat soy other

OR

DISABLING DIAGNOSIS REQUIRING DIETARY MODIFICATION:

1. Can the student consume foods where the allergen is an ingredient in the food product? yes no (Example: Any foods that contain eggs or milk are unacceptable.)

Explain

2. Explanation of why this disability restricts diet:

3. Major life activity affected by the life threatening food allergy or disability (check all that apply):

(NOTE: CFBISD cannot honor this document unless at least one life activity is marked.)

eating caring for one's self performing manual tasks walking seeing hearing speaking breathing learning

4. Foods to Substitute (NOTE: CFBISD cannot honor this document unless substitutions are listed below.)

Physician's Signature Date Telephone Clinic/Facility

For questions, contact Personnel Coordinator-Student Nutrition: Nikki Pendlay at 972-968-6388 .

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